December

Monday	Tuesday	Wednesday	Thursday	Friday
Nutrition Nutrition	Lunches are available on days when facilities are open to the public. Please contact your local senior center for a schedule. Menus are subject to change.	Salisbury Steak w/ Gravy 1/2c Baked Potato 1/2c Coleslaw Wheat Bread 1/2c Pears Milk	Baked Cabbage Roll w/ 2oz Tomato Sauce 1/2c Mashed Potatoes 1/2c Carrots Dinner Roll Fresh Fruit Chocolate Milk	Tuna Noodle Casserole (3oz Tuna, 4oz Noodles) 1/2c Succotash Wheat Bread 1/2c Pineapple Milk
Kielbasa 1/2c. Augratin Potatoes 1/2c Mixed Vegetables Hot Dog Bun Fresh Fruit Milk	7 Roast Beef & Dumplings 1/2c Creamy Coleslaw Buttermilk Biscuit 1/2c Applesauce Milk	Roasted Turkey w/ Gravy 1/2 Mashed Potatoes 1/2c Peas Wheat Bread Cookie Milk	Crab Cake Slider 1/2c Parmesan Noodles 1/2c Baked Beans Dinner Roll 1/2c Mandarin Oranges Chocolate Milk	Baked Ham Slice w/ pineapple 1/2c Sweet Potatoes 1/2c Coin Carrots Wheat Bread 1/2c Sliced Pears Milk
Chicken Cutlet Scalloped Potato Broccoli Sandwich Roll Chocolate Pudding Milk	Taco Salad w/1c.lettuce, tomato,taco sauce, sour cream 1/2c Corn & Black Bean Fiesta Nacho Chips 1/2c Pineapple Milk	Pot Roast w/gravy Mashed Potatoes Stuffing Candied Carrots Dinner Roll Christmas Cake Milk	Stuffed Pepper Casserole 1/2c Parslied Potatoes Island Blend Vegetables White Bread Fresh Fruit Chocolate MIIk	Orange Glazed Pork Loin 1/2c Vegetable Rice Pilaf 1/2c Cauliflower Wheat Bread 1/2c Sliced Apples Milk
Baked Meatloaf w/ Gravy Baked Potato 1/2c Green Beans White Bread 1/2c Peaches Milk	Chef Salad w/ Ham, Cheddar, Egg, Tomato 1c Mixed Greens 1c Bean Soup w/ Crackers Dinner Roll 1/2c Sliced Peaches Milk	Chicken w/gravy 1/2c Rice Pilaf 1/2c Broccoli & Cauliflower Blend Wheat Bread 1/2c Mixed Fruit Milk	Christmas Holiday Closed	Christmas Eve 24 Christmas Holiday Closed
BBQ Pork Ribette 1/2c Ranch Potatoes 1/2c Green Beans Wheat Bread 1/2c Pineapple Milk	Chicken & Dumplings 1c 1/2c Cole Slaw Buttermilk Biscuit 1/2c Applesauce Milk	Cheeseburger 1/2c. Baked Beans 1/2c. Mixed Vegetables Hamburger Roll Fresh Fruit Milk	Pork 1/2c.Sauerkraut 1/2c. Mashed Potatoes Wheat Bread 1/2c.Peaches Milk	New Years Eve 31 Happy New Year! Closed